



Don't forget to eat your vegetables

Glendale Heights Lunch

August 2020

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

3

French Toast Sticks
Ham
Syrup

Canned Fruit

4

Cheeseburger
Fries
Baked Beans

Cherry Tomatoes
Apple

5

Chicken Nuggets
Mashed Potatoes

Corn
Fresh Banana

6

Mac & Cheese
Dinner Roll

Red Pepper
Canned Pineapple

7

Cheese Pizza
Salad w/ Ranch Dressing

Hot Carrot Coins

10

Fish Sticks
Dinner Roll

Celery Sticks
Fresh Apple

11

Beefy Nachos
Refried Beans

Baby Carrots
Canned Mixed Fruit

12

Popcorn Chicken Bowl
(mashed potatoes, corn, gravy, cheese)

Red Peppers

13

Hot Dog
Fries

Peas
Cucumbers
Fresh Grapes

14

Max Sticks
Marinara

Salad w/ Ranch Dressing
Green Beans

17

Spaghetti w/ Meatsauce
Breadstick

Hot Broccoli
Salad
Canned Peaches

18

*Breakfast for Lunch

Cucumbers
Canned Mixed Fruit

19

Crispy Chicken Patty
Sandwich
Fries

Baked Beans
Radishes
Canned Mandarins

20

Turkey Sandwich
Chips
Rice Krispie Treat

Carrots w/ Ranch Dip
Fresh Fruit

21

Pepperoni Pizza

Salad w/ Ranch Dressing
Red Peppers

24

Chicken Taco
Refried Beans

Fresh Apple
Salsa & Cheese

25

Crispy Chicken Strips
Fries

Carrots
Canned Mixed Fruit

26

Salisbury Steak
Mashed Potatoes & Gravy

Hot Broccoli
Fresh Banana

27

Italian Meatball Sub

Corn
Red Pepper
Fresh Pear

28

Max Sticks
Marinara

Salad w/ Ranch Dressing
Hot Carrot Coins

31

Diced Chicken & Gravy
Mashed Potatoes
Bread Stick

Salad w/ Ranch Dressing
Canned Peaches

Prices

Contacts

BREAKFAST FOR LUNCH

Pancakes
Sausage
Egg Patty
Syrup

