

Breakfast

Child's Name:_____

Signature:_____

Please check off items you do want your child to have. Parents will need to bring in a food item to replace any item not crossed off.



Wednesday Saturday Sunday Monday Tuesday Thursday Friday 6 1 2 3 5 4 RICE OATMEAL OATMEAL WHEAT WHEAT APPLESAUCE APPLESAUCE BANANAS PRUNES PRUNES 8 7 10 9 11 12 13 RICE RICE WHEAT OATMEAL OATMEAL BANANAS BANANAS PRUNES APPLESAUCE APPLESAUCE 16 18 14 15 17 19 20 WHEAT WHEAT RICE OATMEAL OATMEAL PRUNES PRUNES PEACHES PEACHES BANANAS 26 22 21 23 24 25 27 RICE RICE OATMEAL WHEAT WHEAT BANANAS BANANAS APPLESAUCE PRUNES PRUNES 28 Menus are subject to change without USDA is an equal opportunity provider and notice employer



LUNCH

Child's Name:_____

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Sunday Monday Tuesday Wednesday Thursday Friday Saturday 6 1 2 3 5 4 HAMBURGER CHICKEN NUGGETS TURKEY CHEESE CHICKEN PEAS TOMATOES BEANS CARROTS TOMATOES APPLES MIXED FRUIT BANANAS ORANGES PEACHES 8 7 10 9 11 12 13 TURKEY MEATBALLS CHICKEN PATTY CHICKEN HAMBUGERS BEANS PEAS ZUCCHINI CUCUMBERS CAULIFLOWER PEARS ORANGES MIXED FRUIT APPLES PEARS 16 18 14 15 17 19 20 CHICKEN TENDERS TURKEY CHEESE CHEESEBURGER CHICKEN PEAS BEANS CARROTS BEANS TOMATOES PEACHES MIXED FRUIT BANANAS KIWI PEARS 26 22 23 21 24 25 27 CHEESE TURKEY MEATBALLS POPCORN CHICKEN HAMBURGER CARROTS PEAS SQUASH **CUCUMBERS** TOMATOES PEACHES PEARS BANANAS PEACHES ORANGES 28 Menus are subject to change without USDA is an equal opportunity provider and notice employer



SNACK

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 CHEX PEAS	2 CHEX TOMATOES	3 RITZ BEANS	4 CRACKERS CARROTS	5 CRACKERS TOMATOES	6
7	8 TOASTED OATS BEANS	9 TOASTED OATS PEAS	10 TOAST ZUCCHINI	11 RITZ CUCUMBERS	12 RITZ CAULIFLOWER	13
14	15 CHEX PEAS	16 CHEX TOMATOES	17 RITZ BEANS	18 RITZ CARROTS	19 TOAST BEANS	20
21	22 CRACKERS CARROTS	2 ₃ CRACKERS PEAS	24 RITZ SQUASH	25 TOASTED OATS CUCUMBERS	26 TOASTED OATS TOMATOES	27
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STAGE ONE

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 PEACHES BEANS	2 PEACHES BEANS	3 APPLESAUCE PEAS	4 BANANA SWEET POTATO	5 BANANA SWEET POTATO	6
	8 BANANA SWEET POTATO	9 BANANA SWEET POTATO	10 PEACHES BEANS	11 APPLESAUCE PEAS	12 APPLESAUCE PEAS	13
14	15 PRUNES CARROTS	16 PRUNES CARROTS	17 BANANA SWEET POTATO	18 PEACHES BEANS	19 PEACHES BEANS	20
21	22 BANANA SWEET POTATO	23 BANANA SWEET POTATO	24 PEACHES BEANS	25 PRUNES CARROTS	26 PRUNES CARROTS	27
28						
	Menus are subject not	÷		USDA is an equal opp empl		