

# Handy Health Checklist

## Part 1

Has your child been in close contact with anyone who tested positive for COVID-19 or was diagnosed with COVID-19 in the last 14 days?

**Yes**    **No**

  

Has your child been diagnosed with COVID-19 by a healthcare provider in the last 14 days?

  

Has your child taken medication in the past 24 hours to lower temperature?

  

In the past 24 hours has your child developed any of the following symptoms?

- Cough (must be symptom free for 72 hours)
- Shortness of breath/trouble breathing
- New loss of sense of taste or smell
- Fever of 100 degrees or chills (must be symptom free for 72 hours)
- Diarrhea (must be symptom free for 72 hours)
- Nausea and/or Vomiting (must be symptom free for 72 hours)
- Eye, Ear Drainage or Rash (may return with a doctor's note)

|                          |                          |
|--------------------------|--------------------------|
| <input type="checkbox"/> | <input type="checkbox"/> |
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# Stop!

If you answered yes to any of these questions, your child may NOT attend childcare. Please call the office for return date!

## Part 2

**Yes**    **No**

Has your child developed any of the following symptoms within the past 24 hours?

- Sore Throat
- Unusual Fatigue
- Runny Nose/Nasal Congestion
- Headache
- Muscle or body ache
- Fussiness

|                          |                          |
|--------------------------|--------------------------|
| <input type="checkbox"/> | <input type="checkbox"/> |
| <input type="checkbox"/> | <input type="checkbox"/> |
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| <input type="checkbox"/> | <input type="checkbox"/> |

### CAUTION!

If you answered Yes to TWO or MORE questions in Part 2, your child may NOT attend childcare.

**\*If symptoms persist from more than 72 hours your child must either be tested for COVID-19 or Quarantine for 14 days before returning.**