

# JULY

## BREAKFAST

## 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
5	6	7	8	9	10	11
FRENCH TOAST RAISINS MILK	RICE KRISPIES ORANGES MILK	TOAST ORANGES MILK	CORN CHEX ORANGES MILK	ENGLISH MUFFINS RAISINS MILK		
12	13	14	15	16	17	18
PANCAKEWRAPS RAISINS MILK	CORN FLAKES APPLES MILK	TOAST APPLES MILK	TOASTED OATS APPLES MILK	GRAHAM CRACKERS RAISINS MILK		
19	20	21	22	23	24	25
GOLDFISH RAISINS MILK	RICE KRISPIES PEARS MILK	TOAST PEARS MILK	CORN FLAKES PEARS MILK	BREAKFAST DRY MIX RAISINS MILK		
26	27	28	29	30	31	
WAFFLES RAISINS MILK	CORN PUFFS PEACHES MILK	TOAST PEACHES MILK	RICE CHEX PEACHES MILK	BAGELS RAISINS MILK		

MENUS ARE SUBJECT TO CHANGE WITHOUT NOTICE  
 USDA IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER  
 1 YEARS OLDS WHOLE MILK 2 YEARS OLD AND UP 1% MILK



Don't forget  
to eat your  
vegetables

# Glendale Heights

## Lunch

July

2020

### MONDAY

•

### TUESDAY

•

### WEDNESDAY

•  
Chicken Nuggets  
French Fries  
Hot Corn  
  
Cherry Tomatoes  
Canned Pineapple

### THURSDAY

•  
Hot Ham and Cheese  
Sandwich  
French Fries  
  
Baby Carrots  
Canned Sliced Apples

### FRIDAY

•  
Pepperoni Pizza  
  
Salad

•  
Salisbury Steak with  
Mashed Potatoes/Gravy  
  
Hot Broccoli  
Fresh Bananas

•  
Cheeseburger  
with Waffle Fries  
  
Hot Peas  
Fresh Apples

•  
Spaghetti with Meatballs  
Garlic Bread  
Green Beans  
  
Fresh Grapes

•  
Crispy Chicken Patty  
Wedges  
  
Cauliflower  
Canned Peaches

•  
Maxx Stix  
Marinara  
  
Salad

•  
BBQ Rib Sandwich on a  
Hoagie Bun  
  
Sliced Cucumbers  
Canned Sliced Apples

•  
Cheesebread with  
Marinara  
Hot Carrots  
  
Fresh Apples

•  
Popcorn Chicken Bowl  
(mashed, corn, gravy,  
cheese)  
  
Canned Mandarins

•  
Grilled Cheese with  
Tomato Soup  
  
Celery Sticks  
Fresh Orange

•  
Cheese Pizza  
  
Salad

•  
Corn Dog on a Stick  
Hot Buttered Corn  
  
Carrot Sticks  
Banana

•  
Pancakes, Egg Patty,  
Sausage, OJ, Syrup  
  
Cherry Tomatoes  
Mixed Fruit

•  
Diced Chicken and Gravy  
Mashed Potatoes/Gravy  
Hot peas  
Dinner Roll  
  
Fresh Grapes

•  
Sloppy Joe  
Tater Tots  
  
Cucumbers  
Canned Mixed Fruit

•  
Maxx Stix  
Marinara  
  
Salad

•  
Macaroni & Cheese with  
Garlic Bread  
Hot Peas  
  
Celery Sticks  
Bananas

•  
Lasagna Roll Up  
Peas  
  
Cherry Tomatoes  
Fresh Plum

•  
Turkey Sandwich  
Chips, Rice Krispy Treat,  
Carrots with Ranch Dip  
Fresh Fruit

•  
Walking Taco with  
Black Beans  
  
Cherry Tomatoes  
Canned Mixed Fruit

•  
Pepperoni Pizza  
  
Salad

### Prices

### Contacts

### Got Milk?



# JULY

## P.M. SNACK

# 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
5	6	7	8	9	10	11
TOAST CHEESE	GOLDFISH MILK	CRAISINS MILK	ANIMAL CRACKERS CHEESE	CRACKERS CHEESE		
14	12	13	14	15	16	17
CRACKERS MILK	ENGLISH MUFFINS MILK	DRY MIX MILK	CHEESE T SHELLS	TOAST MILK		
18	19	20	21	22	23	24
RITZ MILK	ANIMAL CRACKERS MILK	GRAHAM CRACKERS MILK	TOAST MILK	DRY MIX MILK		
25	26	27	28	29	30	31
TOAST CHEESE	GOLDFISH MILK	RITZ CHEESE	CRAISINS MILK	GRAHAM CRACKERS MILK		

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