

BREAKFAST

OCTOBER 2022

Mon	Tue	Wed	Thu	Fri
3 TOAST WGR RAISINS MILK	4 TOASTED OATS RAISINS MILK	5 FRUIT WHIRLS BANANAS MILK	6 CORN PUFFS BANANAS MILK	7 BISCUITS MAY CONTAIN EGG AND OR MILK BANANAS MILK
10 TOAST WGR RAISINS MILK	11 RICE KRISPIES RAISINS MILK	12 CORN FLAKES ORANGES MILK	13 TOASTED OATS ORANGES MILK	14 WAFFLES WGR MAY CONTAIN EGG AND OR MILK ORANGES MILK
17 TOAST WGR RAISINS MILK	18 FRUIT WHIRLS RAISINS MILK	19 CORN PUFFS BANANAS MILK	20 RICE KRISPIES BANANAS MILK	21 FRENCH TOAST WGR MAY CONTAIN EGG AND OR MILK BANANAS MILK
24 TOAST WGR RAISINS MILK	25 CORN FLAKES RAISINS MILK	26 TOASTED OATS ORANGES MILK	27 FRUIT WHIRLS ORANGES MILK	28 ENGLISH MUFFINS MAY CONTAIN EGG AND OR MILK ORANGES MILK
31 TOAST WGR RAISINS MILK				

1 YEAR OLD
WHOLE MILK
2 YEARS AND
UP 1% MILK

USDA IS AN EQUAL
OPPORTUNITY
PROVIDER AND
EMPLOYER

WGR =
WHOLE GRAIN
RICH

MENUS ARE
SUBJECT TO
CHANGE
WITHOUT
NOTICE
SEE MENUS
ON PARENT
BOARD FOR
CHANGES