

# OCTOBER 2022

# Lunch

Mon	Tue	Wed	Thu	Fri
3 BEEFY NACHOS TOMATOES APPLESAUCE MILK MAY CONTAIN MILK AND OR EGG	4 TURKEY WRAPS CUCUMBERS PEARS MILK MAY CONTAIN MILK AND OR EGG	5 CHICKEN NUGGETS CORN APPLE SAUCE MILK	6 HOT DOGS BAKED BEANS PEACHES MILK MAY CONTAIN	7 PIZZA MIXED VEGGIES MIXED FRUIT MILK CONTAINS MILK,
10 CORN DOGS CORN BANANAS MILK MAY CONTAIN MILK, PORK AND OR EGG	11 CHICKEN PATTIES TOMATOES APPLE SAUCE MILK	12 BREAKFAST FOR LUNCH CUCUMBERS ORANGES MILK MAY CONTAIN MILK, PORK AND OR EGG	13 POPCORN CHICK-EN CARROTS PEARS MILK	14 PIZZA MIXED VEGGIES MIXED FRUIT MILK CONTAINS MILK,
17 CHICKEN TACOS TOMATOES PEACHES MILK MAY CONTAIN MILK, PORK AND OR EGG	18 HAM & CHEESE SANDWICHES GREEN BEANS PEARS MILK MAY CONTAIN MILK, PORK AND OR EGG	19 CHICKEN WRAPS BLACK BEANS ORANGES MILK MAY CONTAIN MILK, AND OR EGG	20 PANCAKE WRAPS CORN APPLESAUCE MILK MAY CONTAIN MILK, AND OR EGG	21 PIZZA MIXED VEGGIES MIXED FRUIT MILK CONTAINS MILK,
24 TACOS TOMATOES ORANGES MILK MAY CONTAIN MILK,	25 CHICKEN NUGGETS CORN APPLE SAUCE MILK	26 HOT DOGS CUCUMBERS PEACHES MILK	27 CHICKEN QUESADILLAS BEANS PEARS MILK MAY CONTAIN MILK	28 PIZZA MIXED VEGGIES MIXED FRUIT MILK CONTAINS MILK,
31 CHEESE QUESADILLAS PEAS ORANGES MILK CONTAINS MILK,				

USDA IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER

1 YEAR OLDS WHOLE MILK  
2 YEARS AND UP  
1% MILK

MENUS ARE SUBJECT TO CHANGE WITHOUT NOTICE SEE PARENT BOARD FOR CHANGES

WGR = WHOLE GRAIN RICH

BREAKFAST FOR LUNCH  
PANCAKES  
FRENCH TOAST  
WAFFLES  
TURKEY LINKS  
TURKEY PATTIES