



Don't forget
to eat your
vegetables

Glendale Heights

Lunch

September

2020

MONDAY

1

TUESDAY

1
Cheeseburger
Fries
Baked Beans

Cherry Tomatoes
Apple

WEDNESDAY

2
Chicken Nuggets
Mashed Potatoes

Corn
Fresh Banana

THURSDAY

3
Mac & Cheese
Dinner Roll

Red Pepper
Canned Pineapple

FRIDAY

4
Cheese Pizza
Salad w/ Ranch Dressing

Hot Carrot Coins

7
Closed

8
Beefy Nachos
Refried Beans

Baby Carrots
Canned Mixed Fruit

9
Popcorn Chicken Bowl
(mashed potatoes, corn,
gravy, cheese)

Red Peppers

10
Hot Dog
Fries

Peas
Cucumbers
Fresh Grapes

11
Max Sticks
Marinara

Salad w/ Ranch Dressing
Green Beans

14
Spaghetti w/ Meatsauce
Breadstick

Hot Broccoli
Salad
Canned Peaches

15
*Breakfast for Lunch

Cucumbers
Canned Mixed Fruit

16
Crispy Chicken Patty
Sandwich
Fries

Baked Beans
Radishes
Canned Mandarins

17
Turkey Sandwich
Chips
Rice Krispie Treat

Carrots w/ Ranch Dip
Fresh Fruit

18
Pepperoni Pizza

Salad w/ Ranch Dressing
Red Peppers

21
Chicken Taco
Refried Beans

Fresh Apple
Salsa & Cheese

22
Crispy Chicken Strips
Fries

Carrots
Canned Mixed Fruit

23
Salisbury Steak
Mashed Potatoes & Gravy

Hot Broccoli
Fresh Banana

24
Italian Meatball Sub

Corn
Red Pepper
Fresh Pear

25
Max Sticks
Marinara

Salad w/ Ranch Dressing
Hot Carrot Coins

28
Diced Chicken & Gravy
Mashed Potatoes
Bread Stick

Salad w/ Ranch Dressing
Canned Peaches

29
Walking Taco
Refried Beans

Cherry Tomatoes
Canned Mixed Fruit

30
French Toast Sticks
Ham
Syrup

Canned Fruit

Prices

Contacts

BREAKFAST FOR LUNCH

Pancakes
Sausage
Egg Patty
Syrup

